

More Practice

Match each situation below with the description of its kinetic energy.
Some descriptions may be used more than once.

A. $E_k = 0$ B. E_k is increasing C. E_k is decreasing D. E_k is constant

____ A ball is at rest.

____ A person is exerting a force on the ball to launch it upward.

____ The ball is freely moving upward through the air.

____ The ball is freely falling downward through the air.

____ The ball is rolling along the ground at constant speed.

1. What is the kinetic energy of a 1.0 kg object moving at 4.0 m/s?
A. 4.0 J B. 8.0 J C. 16 J D. It cannot be determined.
2. An object is sliding across a frictionless surface at a constant speed. The kinetic energy of the object is:
A. increasing at an increasing rate B. increasing linearly
C. increasing at a decreasing rate D. constant
3. Which requires more work: increasing the speed of an object from 0 m/s to 5 m/s or from 5 m/s to 10 m/s?
A. from 0 m/s to 5 m/s B. from 5 m/s to 10 m/s
C. both require the same amount of work D. It cannot be determined.
4. A 2.0 kg ball is moving at 3.0 m/s while at a height of 1.5 m above the ground. Calculate the total mechanical energy (gravitational potential energy + kinetic energy) of the ball.